



Gentle Tai Chi



2005/2006 All Japan Bronze Medalist

Harry Smith

Certified Instructor - 25 Years Experience
(10 Years Training in Japan)



Sundays from 11AM – Noon



Mondays 6PM – 7PM

((featuring movements from 24 Form Tai Chi Chuan))

All levels and ages welcome

\$10 per class



For more information call 352-286-9608

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