



# Gentle Tai Chi



with

# Ed Potter



**Sundays from 11AM – Noon**



((featuring movements from 24 Form Tai Chi Chuan))

**All levels and ages welcome**

**\$10 per class**



For more information call 352-286-9608

# TCOO

THE TRAINING CENTER OF OCALA

[WWW.TCOOCALA.COM](http://WWW.TCOOCALA.COM)